

# 193 NARBOROUGH ROAD SURGERY NEWSLETTER 2021 (SPRING/SUMMER)

**Dr Rajesh Kapur and Partner Surgery**  
**193 Narborough Road, Leicester, LE3 0PE**  
**TEL: 0116 291 5355**

**[www.narboroughroadsurgery.co.uk](http://www.narboroughroadsurgery.co.uk)**

## **OPENING HOURS:**

**MONDAY – FRIDAY FROM 08:00AM – 18:30PM (Surgery is closed during lunch hour from 12.30 pm till 14.00pm)**

**(ON THURSDAY WE OPEN FROM 08:00AM – 13:00PM)**

## **Coronavirus Symptoms**

**Do not leave your home if you or someone you live with has any of the following:**

*A high temperature (over 37.8°)*

*A new continuous cough*

*A loss of, or change to, your sense of smell or taste*

If you think you may have coronavirus you should still use the online 111 service or call 111 initially.

## **COVID Vaccination Programme**

We have been working very hard to get our patients vaccinated. Please do not contact us to ask us about appointments for the vaccine we will contact you either by telephone or letter with all the information you need when it is the right time.

In the mean time, you may be invited through the national booking system via letter/text. If you are able to attend a national vaccination hub then please book this way.

## **Family & Friends Feedback**

The practice really values your feedback about the service we offer and whether you would recommend us to other people.

The forms are available in the reception waiting area. Please post your completed form in the box provided.



## **Telephone Appointments**

As a direct result of the global pandemic Dr R Kapur's Surgery simplified the booking system to ensure safety for the patients & clinicians. As a result, all patients are asked to call on the day at 8am and the reception team would signpost them to the most appropriate pathway.

We are participating in a new approach to improve access for patients to GP appointments. The aim is to direct patients to the most appropriate healthcare professional, which may be a GP or a pharmacist. If your symptoms could be resolved by a booked consultation with the pharmacist instead of the GP, you will be given a same-day referral to a pharmacy of your choice.



## **SunAwareness**

With the summer months upon us we all need to take care in the sun.

Follow these simple tips:

Spend time in the shade between 11am and 3pm make sure you never burn.

- Cover up with suitable clothing and sunglasses.
- Take extra care with children.
- Use at least factor 30 sunscreen.

For further guidance and advice go to:

<https://www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/>

<https://www.nhs.uk/conditions/baby/first-aid-and-safety/safety/safety-in-the-sun/>